



BAC

SUMMER

EVENTS

Wednesday, June 26th	Fitness In The Park – Soul P.H.I.I.T.	6:00 pm	Lynch Park
Wednesday, July 3rd	Fitness In The Park – Mat Pilates	6:00 pm	Lynch Park
Tuesday, July 9th	Zumba	6:00 pm	BAC Garden
Thursday, July 11th	BAC H.I.I.T.	7:00 pm	BAC Garden
Monday, July 15th	Sunset Yoga	7:10 pm	BAC Garden
Wednesday, July 17th	Fitness In The Park – Zumba	6:00 pm	Lynch Park
Thursday, July 18th	Sand Volleyball & Cornhole & Gentile Brewing	6:00 pm	BAC Garden
Tuesday, July 23rd	Fitness Challenge & Channel Marker Brewing	6:00 pm	BAC Garden
Wednesday, July 24th	Fitness In the Park – Yoga	6:00 pm	Lynch Park
Thursday, July 25th	BodyCOMBAT	5:30 pm	BAC Garden
Sunday, July 28th	BAC H.I.I.T.	7:30 am	BAC Garden
Tuesday, July 30th	BAC H.I.I.T.	7:00 pm	BAC Garden
Wednesday, July 31st	Pilates Athletic Conditioning	5:15 pm	BAC Garden
Wednesday, July 31st	Fitness In The Park- BodyCOMBAT	6:00 pm	Lynch Park
Thursday, August 1st	Sand Volleyball & Cornhole & Gentile Brewing	6:00 pm	BAC Garden
Friday, August 2nd	BAC H.I.I.T.	6:30 pm	BAC Garden
Monday, August 5th	Sunset Yoga	7:10 pm	BAC Garden
Thursday, August 8th	BAC H.I.I.T.	7:00 pm	BAC Garden
Tuesday, August 13th	Zumba	5:00 pm	BAC Garden
Wednesday, August 14th	Fitness In The Park – Soul Cardio Barre	6:00 pm	Lynch Park
Thursday, August 15th	Sand Volleyball & Cornhole & Gentile Brewing	6:00 pm	BAC Garden
Tuesday, August 20th	Fitness Challenge & Channel Marker Brewing	6:00 pm	BAC Garden
Thursday, August 22nd	BodyCOMBAT	5:30 pm	BAC Garden
Wednesday, August 28th	Pilates Athletic Conditioning	5:15 pm	BAC Garden
Thursday, August 29th	Sand Volleyball & Cornhole & Gentile Brewing	6:00 pm	BAC Garden

BEVERLY ATHLETIC CLUB

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