

# POOL SCHEDULE

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	REC AREA	LANE 1	REC AREA	LANE 1	REC AREA	LANE 1	REC AREA	LANE 1	REC AREA	LANE 1
5:00 AM	<b>POOL OPENS</b>		<b>POOL OPENS</b>		<b>POOL OPENS</b>		<b>POOL OPENS</b>		<b>POOL OPENS</b>	
5:30 AM	Adult Rec Swim		Adult Rec Swim		Adult Rec Swim		Adult Rec Swim		Adult Rec Swim	
6:00 AM	2 Lanes Open All Day		2 Lanes Open All Day		2 Lanes Open All Day		2 Lanes Open All Day		2 Lanes Open All Day	
6:30 AM										
7:00 AM										
7:30 AM										
8:00 AM	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons	Group Swim Lessons
8:30 AM										
9:00 AM										
9:30 AM										
10:00 AM	Aqua Aerobics		Nursery Swim		Aqua Aerobics					
10:30 AM	10:00 AM				10:00 AM					
11:00 AM		Water Toddlers				Water Toddlers	Nursery Swim			
11:30 AM	Group Swim Lessons	Water Babies				Water Babies				
Noon										
12:30 PM										
1:00 PM										
1:30 PM							Montessori School			
2:00 PM										
2:30 PM										
3:00 PM		Group Swim Lessons		Group Swim Lessons		Group Swim Lessons		Group Swim Lessons		Group Swim Lessons
3:30 PM	<b>FAMILY SWIM</b>		<b>FAMILY SWIM</b>		<b>FAMILY SWIM</b>		<b>FAMILY SWIM</b>		Nursery Swim	Group Swim Lessons
4:00 PM	3:30 pm - 6:30 pm		3:30 pm - 6:30 pm		3:30 pm - 6:30 pm		3:30 pm - 6:30 pm		Water Toddlers	
4:30 PM										
5:00 PM	Pre Competitive Swim									
5:30 PM										
6:00 PM	Adult Stroke Technique		Aqua Aerobics				Aqua Aerobics			
6:30 PM	6:00 pm - 7:00 pm		6:30 PM				6:30 PM			
7:00 PM										
7:30 PM										
8:00 PM										
8:30 PM									<b>POOL CLOSSES at 8:45 pm</b>	x x x x
9:00 PM										x x x x
9:30 PM	<b>POOL CLOSSES at 9:45 pm</b>	x x x x	<b>POOL CLOSSES at 9:45 pm</b>	x x x x	<b>POOL CLOSSES at 9:45 pm</b>	x x x x	<b>POOL CLOSSES at 9:45 pm</b>	x x x x	x x x x	x x x x
10:00 PM										x x x x

For information on Youth and Adult Swim Lessons in the club's Saltwater Pool, please e-mail [aquatics@beverlyathletic.com](mailto:aquatics@beverlyathletic.com)  
**#bacaquatics**

SATURDAY		SUNDAY	
REC AREA	LANE 1	REC AREA	LANE 1
<b>POOL OPENS</b>		<b>POOL OPENS</b>	
Adult Rec Swim		Adult Rec Swim	
2 Lanes Open All Day	Group Swim Lessons	2 Lanes Open All Day	Group Swim Lessons
Aqua Aerobics 8:30 AM		Water Babies	
Water Babies		Water Babies	
Nursery Swim		Nursery Swim	
<b>FAMILY SWIM</b> 11:00 am - 4:00 pm		<b>FAMILY SWIM</b> 11:00 am - 4:00 pm	
<b>POOL CLOSSES at 5:45 pm</b>	x x x x	<b>POOL CLOSSES at 5:45 pm</b>	x x x x

**POOL INFORMATION**  
 ~ Lane # 2 and # 3 are available for adult lap swim from opening until close. **PLEASE NOTE:** Lane # 1 could be closed without notice for a private swim lesson.  
 ~ The pool does close during certain weather conditions.  
 ~ This schedule doesn't reflect Private Swim Lessons  
 ~ This schedule doesn't reflect Aqua Physical Therapy that is offered by Soul Physical Therapy.  
 ~ Birthday Parties aren't reflected on this schedule.  
 ~The pool is guarded during durning family swim

**FAMILY LOCKER ROOM:** Family Locker Rooms are located on the lower level of the club in the center of the building. We also have two private bathrooms with showers on the upper level of the club. In addition, we have private changing stalls with changing tables on the pool deck. We ask the children five years of age and older use the proper locker room.







