

WELCOME TO TEAM BAC

STAFF BOARDING EXPERIENCE AT BAC

Date of Hire: _____

Staff Name: _____

Please experience the following with in the next 30 days:

	DATE OF EXPERIENCE	EXPERIENCE WITH <i>(STAFF SIGNATURE)</i>
RPM Class	_____	_____
Body PUMP Class	_____	_____
Group Fitness Class <i>(pick one more)</i>	_____	_____
HIIT 101 Class	_____	_____
Soul Movement Demo	_____	_____
Adult Functional Training Class	_____	_____
Adult Functional Training Class	_____	_____
Shadow a YAC Shift	_____	_____
Personal Training Evaluation	_____	_____
Wellness Assessment	_____	_____
Recovery Bar	_____	_____
Soul Physical Therapy Assessment	_____	_____
BAC Express Tour	_____	_____
BAC Tour	_____	_____
Solei Salon & Spa Service	_____	_____
Shadow a block of Yth Swim Lessons	_____	_____
TRX Maps	_____	Score: _____
Shadow a YTC	_____	_____

YOUR COMMUNITY, YOUR CLUB

WELCOME TO TEAM BAC

YOUR COMMUNITY, YOUR CLUB