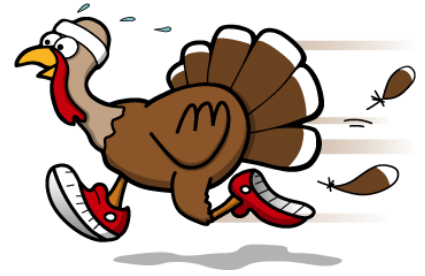


THANKSGIVING SCHEDULE



WEDNESDAY, NOVEMBER 27TH

5:00 AM TO 8:00 PM

Group Exercise Schedule - Regular Morning Schedule

Evening Group Exercise Classes - - 5:00 pm BodyPUMP, 6:05 pm RPM Express

Regular Morning Youth, Swim and Adult Program Schedule - No afternoon or evening programs

BAC HIIT Schedule - 9:35 am - HIIT 45 , 4:00 pm - HIIT 45

Youth Activity Center - Regular morning & evening hours

Members have full access to BAC Express, located at 600 Cummings Center—Open 24 hours

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THURSDAY, NOVEMBER 28TH - *THANKSGIVING*

7:00 AM TO 11:00 AM

Group Exercise Classes - - 8:00 am RPM , 9:00 am RPM Express, 9:35 am CXWORX

Sign Up Required!

BAC HIIT Schedule - 7:10 am - HIIT 45

No Youth , Adult Programs or Swim Lessons - Youth Activity Center is closed

Members have full access to BAC Express, located at 600 Cummings Center—Open 24 hours

FRIDAY, NOVEMBER 29TH - *BLACK FRIDAY*

7:00 AM TO 9:00 PM

Group Exercise Schedule - No early morning or evening classes

Group Exercise Classes - - 9:00 am - CXworx, 9:30 am - TRX, 9:35 am - RPM, 9:35 am Soul P.H.I.I.T.

No Adult Programs or Swim Lessons - Youth Activity Center is closed

Members have full access to BAC Express, located at 600 Cummings Center—Open 24 hours

SATURDAY, NOVEMBER 30TH

7:00 AM TO 6:00 PM

Group Exercise Schedule - Normal schedule

Adult Programs or Swim Lessons - Normal Schedule

Youth Activity Center has a Normal Schedule

Members have full access to BAC Express, located at 600 Cummings Center—Open 24 hours

SUNDAY, DECEMBER 1ST

7:00 AM TO 6:00 PM

Group Exercise Schedule - Normal Schedule

Adult Programs and Swim Lessons - Normal Schedule

Members have full access to BAC Express, located at 600 Cummings Center—Open 24 hours

Join BAC for the 2019 Beverly Holiday Parade!!

YOUR COMMUNITY, YOUR CLUB